

FUNCTIONS

- 435 energy treatment programs
- Program selection on the device (keypad and display)
- 3 different intensities (corresponding to body weight)
- Up to 4 applicators can be connected
- Treatment duration of 10-30 minutes, automatically preset
- Device automatically turns off at end of treatment session
- Simple and quick to use, easy to learn
- Can be combined with all treatments/applications in conventional medicine and physical therapy
- Easily transportable with included carrying case
- Expandable, using programmed chip cards



PACKAGE CONTENTS

- System unit: QuintStation 125 "Wellness & Sport"
- 2 applicator pads, elastic band set
- Carrying case for portable use Detailed handbook
- Electronic tester for applicators Optional accessories:
 - extra applicator pads
 - Smart card with additional programs
 - Applicator pad M1

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This data sheet serves exclusively as information for medical professionals. Although we have carefully reviewed and checked this information, we can make no guarantee of its completeness or correctness.

This information is valid at the time of publication of this product data sheet. QuintSystems GmbH is constantly developing its products, and product features are subject to change without previous express notification. Therefore, actual available products may differ from the information printed here.

The devices and procedures presented in this product information sheet rely on Holopathy. Holopathy is a form of biophysical information therapy and is therefore considered alternative medicine. It considers diseases to be disturbances of an overarching regulatory system which for years has been researched successfully in the field of biophotonics by Fritz-Albert Popp, and is understood in its essential elements. To a certain extent, the ideas at its foundation go well beyond the current, generally accepted views of science, or in part stand in contradiction to them.

Therefore, Holopathy, as well as all other methods of complementary medicine (homeopathy, acupuncture, traditional Chinese medicine, ...) are currently not recognized by scientific medicine.

All statements in this folder reflect experiences with Holopathy itself or other methods of regulatory medicine; for the most part they have not been verified by independent studies. As far as designations of medical indications are used, these are not to be understood as actual claims of effects in a conventional medical sense, but as descriptions specifically for the particular case of application of optimized energetic support for the attainment of a balanced condition of the body's own regulatory system according to the principles of Holopathy. Unless otherwise expressly stated, the term "therapy" when used in this folder is not to be understood in a conventional medical sense, but means the application of specific substance vibrational spectra by means of weak electromagnetic fields according to the principles of Holopathy.

As with all other methods of energy medicine, treatment with Holopathy cannot replace treatment by a medical doctor. Whether and to what extent treatment with Holopathy is sensible can be decided only by a doctor.

The QuintStation 125-2 is not intended for medical use.

USER TESTIMONIALS

MARTINA GLAGOW (BIATHLON)

"In world-class sports it is enormously important to find the correct rhythm between the training and recovery phases. This rhythm is crucial to the quality and intensity of your regeneration: whoever can replenish their energy stores more quickly and by natural means, will come out ahead in the end.

I myself have been working since May 2005 with the QuintStation 125 and mainly use the "Regeneration" and "Mental Conditioning" therapy programs and beverage energizing to improve recovery, deepen relaxation, and sharpen concentration. And I am completely convinced by the effects of the system."

Martina Glagow won in 2006 three Olympic silver medals at the Winter Games in Turin and the overall world cup in the mass start competition.

DR.GERNOT KRAMMER (SOCCER)

"Thanks to the support of the QuintSystems company, we were able to thoroughly test the QuintStation 125 "Sport" with a national soccer club from February to June 2005. It was first used in training camp in Turkey. Here the system was used in the day-to-day treatment of small wounds, mainly bruises and muscle strains. Its acceptance by the players was very gratifying.

After returning from training camp, the device was tested in everyday operation. Colds, sniffles, sinus infections, etc. could be cured in a shorter time, without medication, than had been possible without this treatment. We also experienced good results with the treatment of chronic stress injuries, for example tendonitis. Through (often daily) therapy sessions, individual players were able to participate in training sooner, and recover in time for important games. All this, as I said, without the use of medication.

After diagnosis by a doctor, it was possible to delegate treatment by a masseur who was trained to use the system. In this way it was possible to maintain very short treatment cycles. The average length of treatment was 30 to 45 minutes, once or twice daily. On average, four to six treatments were necessary to successfully complete therapy. Altogether, the QuintStation 125 "Sport" provided excellent service in the care of professional soccer/football players."

Dr. Gernot Krammer is head of emergency surgery at Wiener Neustadt hospital (Austria) and operates his own sports medicine practice.

SINISA PISMESTROVIC (SOCCER)

"Patellar tendon inflammation. The pain slowly became worse for almost four weeks, before I started using your treatment method. Before treatment, the pain was in the entire patellar tendon area. After treatment, almost 90% of the pain went away, and after a training session I can feel just a small spot of pain, but during physical activity it does not hurt at all. I thank you for your effective treatment."

WOLFGANG KROMP (ICE HOCKEY)

"With the QuintStation 125 "Sport" I was able to dramatically reduce the duration of my injuries, especially with bruises and strains. And with regular regeneration- and performance improvement therapies, I was able to maintain my level of performance throughout the grueling championship."

Wolfgang Kromp is a member of the Austrian champion team Villacher SV (2006).

PATRICK PILLONI (ICE HOCKEY)

"After CT I was diagnosed with an impingement syndrome. After three weeks of physical therapy I was not seeing any improvement in my symptoms. But after a short treatment with the QuintStation 125 I could train again, pain-free."

Patrick Pilloni is a three-time Austrian champion and has competed 100 times on the national team, including the 1998 Olympic Games and six world championships.

KLAUS FISCHER (BADMINTON)

"When at the beginning of March, after a 29-year intensive badminton career, I tore my ACL and meniscus, I was very depressed, as it was my first serious injury. Nevertheless, despite being 39 years old I took it upon myself to undergo surgery on April 5, 2002 at LKH Klagenfurt. After consulting a doctor it became clear to me that returning to the national league, and hence to competitive sports, would not be possible for ten to twelve months. Then and there, my chance to participate in the world championship for my age bracket in Melbourne was eliminated.

SINISA PISMESTROVIC (SOCCER)

"On February 11, 2010, in the middle of training for the upcom-

ing season, while lifting a 110-kg weight I caused a 10-15 cm

tear

in my left thigh muscle. After a thorough examination by

doctors I had to interrupt training for at least six weeks. My col-

leagues who had sustained similar injuries predicted that I

would have persistent pain during this time.

Since I wanted to try everything possible, on February 12 I be-

gan to treat myself with the QuintSport system which had been

recommended to me. Twice a day I ran the programs "muscle

tear" and "muscle scar" for two hours, and in the first week also

"bleeding injury".

In addition, I drank a liter of water through-

out the day, which I treated on alternate days with the "muscle-

building" and "regeneration" programs.

Unfortunately, if I had known... I was able to become familiar

with therapy with the QuintStation 125 "Sport". The bottom line:

in mid-October, just six and a half months after the opera-

tion, I

played my first tournament, and on the previous week- end my

first tough matches on the national league A-team as number

one. It is going sensationaly well... what has con-

vinced me is

that therapy with the device has ensured me a great advantage

over the usual recovery time."

Then, something astounding happened: after only a few days

the pain lessened,

and I was even completely pain-free immedi-

ately after the therapy session. Every day, climbing stairs or

even standing up from a couch became less agonizing. After two

weeks I already felt so much better that I began training with

light dumbbells. In the following 1-2 weeks I carefully increased

the weight and resumed my normal strength training.

BETINA GERMANN (TRACK AND FIELD)

"After CT I was diagnosed with an impingement syndrome. Af-

ter three weeks of physical therapy I was not seeing any im-

provement in my symptoms. But after a short treatment with

the QuintStation 125 I could train again, pain-free."

Finally, on March 20 – just five weeks and two days after my

injury – I was able to compete again and even perform a feat of

lifting of 259 kg - under these circumstances a sensational

achievement. I did it completely pain-free, and with my leg feel-

ing bulletproof!"

BETINA GERMANN (TRACK AND FIELD)

"Achilles' tendon operation. Both operation sites were treated

with the QuintSystem,

and immediately after treatment I no-

iced a clear improvement in pain sensitivity. During pain treat-

ment over several consecutive days I noticed a substantial

reduction in stiffness in my Achilles' tendon in the mornings, and

on some days it was completely gone. After several treatments I

can attest that I am completely pain- free in the area of the

operation. I also saw a positive result after a minor tendon injury

in my knee. After hyperextending a ten- don in my right knee

during strength training, the pain pre-

vented me from walking

normally. After just three pain treatments with the QuintStation

125, my knee pain was com-

pletely gone! I was also treated

during breaks in high-intensity training ses-

sions, which led to

quick regeneration and excellent training results."

BETINA GERMANN (TRACK AND FIELD)

"After diagnosis by a doctor, it was possible to delegate treatment

by a masseur who was trained to use the system. In this way it

was possible to maintain very short treatment cycles. The aver-

age length of treatment was 30 to 45 minutes, once or twice daily.

On average, four to six treatments were necessary to

successfully complete therapy. Altogether, the QuintStation 125

"Sport"

provided excellent service in the care of professional

soccer/football players."

WERNER HÖLLER (WEIGHTLIFTER)

"On February 11, 2010, in the middle of training for the upcom-

ing season, while lifting a 110-kg weight I caused a 10-15 cm

tear

in my left thigh muscle. After a thorough examination by

doctors I had to interrupt training for at least six weeks. My col-

leagues who had sustained similar injuries predicted that I

would have persistent pain during this time.

Since I wanted to try everything possible, on February 12 I be-

gan to treat myself with the QuintSport system which had been

recommended to me. Twice a day I ran the programs "muscle

tear" and "muscle scar" for two hours, and in the first week also

"bleeding injury".

In addition, I drank a liter of water through-

out the day, which I treated on alternate days with the "muscle-

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In the development of the QuintStation 125 we incorporated our experience of more than 20 years with a comprehensive method of informational medicine – Holopathy. The treatment principle involves the transmission of specific, digitally stored bio-information over weak electromagnetic fields. The result is gentle, effective, and harmless to the body.

USE IN PRACTICE

A physician makes a diagnosis and supervises a patient's therapy. In some cases, after a brief training he can delegate treatment to support staff or the athlete him/herself.

This unique combination offers athletes several key advantages:

IMPROVED PERFORMANCE

The QuintStation 125 optimizes the body's energy system, leading to more efficient use and management of its available energy reserves. Athletes begin to feel fresher, stronger, more energetic, more aggressive (or calmer, depending on use), and ultimately more confident. In this way they can push themselves to their limit while also reducing the risk of injury. So their performance capabilities improve measurably.

The treatment occurs on a purely energetic basis (i.e. without affecting body chemistry). Thus, it presents no problems for laboratory or doping tests.

REGENERATION SUPPORT

Faster recovery after grueling training or competition makes it possible to increase the intensity and scope of training, and thus increase performance. Even between individual competitions or training sessions, after total fatigue and acidosis, athletes can again be at their best for another competition or round of training. In addition, the QuintStation 125 strengthens and stabilizes the immune system, which is often weakened by intensive training.

MENTAL CONDITIONING

On the mental side, several of the programs help with stress reduction, promoting deep relaxation, increased aggressiveness, or sharper concentration. A combination of these mental programs, tailored to an athlete's training and competition schedule, promotes a more stable, balanced mental state.

REGENERATION AND DEACIDIFICATION

- Regeneration - faster and more complete recovery after training and competition.
- Anaerobic threshold - elevated during stronger, sustained muscular stress (e.g. muscle soreness).

For best results, ideally use for 10-30 minutes after training. Effects: faster regeneration and strong de-acidification effect allow for an enhanced, more intensive training schedule.

The QuintStation 125 supports athletes of all disciplines in achieving their high expectations.



We have built, optimized, and refined the system over years of intensive trials with athletes of various disciplines. Qualified therapists use it to develop and strengthen the energy systems of athletes with targeted individual therapy.

With the QuintStation 125 you can achieve unbelievable success, often with minimal effort and without side effects.

INJURY THERAPY

Many conventional medications are on the list of prohibited doping substances. Even if they are only employed for a short time to treat injuries or illnesses (e.g. infections, asthma, or allergies), there is a significant danger of violating doping regulations. Many prominent examples show how easily an athlete can be barred from competition because of doping violations, due to the careless use of medications. And the longer the involuntary break in competition, the more difficult a comeback becomes.

Therapy with QuintStation 125 shortens injury- and pain-related down time and breaks in training by up to 60% - without the use of medication.

It accelerates the healing and recovery process after illness, injury, or surgery, and sometimes even renders invasive surgery unnecessary.

THE PROGRAMS

IMPROVED PERFORMANCE

- Stamina – with endurance sports (cycling, distance running, cross-country skiing, triathlon...).
- Muscle development – for an increase in peak power and muscle mass (sprinters, decathletes, weightlifters...). Should be used to complement therapy during rehabilitation after injuries.
- Speed – for the development of quickness and responsiveness (track and field, tennis, soccer, handball, ice hockey...).

For best results, use for 10-30 minutes, 1/2 hour before training. Effects: besides an (intended) increase in aggressiveness, the product causes no known undesired reactions.

ENERGIZING BEVERAGES

Includes programs specially optimized for energizing beverages. For best results, use to support therapy, as a preventative, to assist healing, and for home therapy.

GENERAL MEDICINE

For the treatment of acute and sub-chronic conditions, which can be exacerbated by training and competition schedules, you will find the most important programs for general medicine.

For best results, Your physician makes a diagnosis and supervises therapy; sessions are typically 10-30 minutes.

HOME THERAPY

As home-based therapies, energy drinks and lotions have proven themselves – by energizing (electrolyte) drinks and body lotions. This is simple to do: simply place the drink or lotion container on an applicator and let the desired program run for one minute – done. The QuintStation 125 has programs optimized for this purpose.

Lotions are most sensible for supporting injury treatment; drinks work well for mental conditioning, performance improvement, and de-acidification.

MENTAL CONDITIONING

In a field study conducted in 2009, by the practice of Dr. Gernot Krammer (sports physician of Wiener Neustadt), the following results were obtained.

INJURIES AND ORTHOPEDICS

HEALING PROCESS WITH CONVENTIONAL TREATMENT METHODS AND DIAGNOSIS BY A PHYSICIAN

HEALING PROCESS WITH QUINTSTATION 125

Bruises

Pain for at least 3 weeks

54% pain-free within 6 days, an additional 45% within 12 days

Strains

Long-lasting pain

87% pain-free within 6 days, an additional 13% within 12 days

Tension

Treatment with pills or injections for at least 6 days

100% tension-free within 3 days

Achilles' tendon problems

Min. 14-day break in training, very painful

Pain-free training after 4 days

Tendon lacerations

No training for at least 3 weeks

8% resume training within 6 days, an additional 75% within 12 days, an additional 7% within 20 days

Torn muscles and tendons

No training for 4-6 weeks

13% resume some training within 6 days, an additional 26% within 12 days, an additional 58% within 20 days

Shin splints

Very painful, duration of at least 5 weeks

After 2 treatments, 85% experience less severe, isolated pain (with full training)

Shoulder injuries

Very long-lasting and painful, typically no training for 3 weeks

Noticeable improvement after 3 treatments; 100% pain-free after 5-10 treatments (with full training)

GENERAL MEDICINE

IMPROVED PERFORMANCE AND REGENERATION

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